

Projected Distribution of Health Insurance Coverage under the Affordable Care Act

-Handout-

**Young Rock Hong, MPH; Derek Holcomb, PhD;
Michelyn Bhandari, DrPH; Laurie Larkin, PhD**



**EASTERN KENTUCKY
UNIVERSITY**

Department of Health Promotion and Administration

Introduction

- Introduction of the health insurance exchanges and the expansion of Medicaid eligibility under the Affordable Care Act (ACA).



- **44%** of the population in the United States were underinsured or uninsured in 2010 (Schoen, Doty, Robertson, and Collins, 2011).
- The ACA enactment in 2014 is expected to assist those who are both underinsured and uninsured U.S. residents. It was estimated that over **32 million** uninsured Americans will consequently receive the minimum essential coverage under the ACA (Jaffe, 2012).

Purpose

- **To examine possible impacts of the Affordable Care Act!**
 - 1) Estimates the number of US adults who would be likely to be eligible for the Medicaid expansion and who would be required to purchase health insurance through the health exchanges
 - 2) Describes the proportion and characteristics of individuals with health coverage and the uninsured who are eligible for the federal subsidies and Medicaid expansion



Data

- Data from the Household Survey Component (HC) of the Medical Expenditure Panel Survey (MEPS) 2012
- A large-scale U.S. population based survey administered by the Agency for Healthcare Research and Quality (AHRQ).



- Consolidated MEPS data files are publically available at <http://meps.ahrq.gov/mepsweb/>.

Method *[Cont'd]*

- **Sample:** adults aged 27 to 64 years
 - ✓ Those 65 years and older were excluded to avoid confounding with individuals using Medicare (near-universal coverage; Franks, Clancy, Gold, & Nutting, 1993; Shi, 2000).
 - ✓ Those younger than 27 were also excluded to avoid possible effects of changing insurance status (47% of US young adults ages 19-25 stayed or joined their parent's health plan in 2011 [Collins, Robertson, Garber, & Doty, 2012]).
- **Final N of 16,866 individuals**
- Classified by indicators of age, family income level, household size, and insurance status

Method

- **Private (n=9,315):** Individuals with private coverage purchased individually or through an employer or group.
- **Public (n=2,323):** Individuals who were covered primarily through Medicaid and those with other income-determined coverage sponsored by federal or state payers and Medicare.
- **EME (n=2,133):** Individuals who reported no health coverage and had a family income equal to or lower than 133% of the federal poverty level (FPL) in 2012.
- **RPIE (n=2,863):** Individuals who reported no health insurance and had a family income above 133% of FPL in 2012.

*Note that Each Federal Poverty Level was adjusted according to the number of family members.

Results

Demographic characteristics-1

Characteristics	Insured		Uninsured	
	Private n= 9,428	Public n= 2,371	RPIE n=2,172	EME n=2,894
Age (years)	(M) 45.59 ± 0.109	(M) 45.37 ± 0.229	(M) 43.69 ± 0.199	(M) 41.41 ± 0.216
27-45	48.8%	48.8%	54.5%	66.0%
46-64	51.2%	51.2%	45.5%	34.0%
Sex				
Male	47.3%	35.1%	54.1%	44.8%
Female	52.7%	64.9%	45.9%	55.2%
Race/Ethnicity				
Hispanic	19.2%	31.3%	43.0%	54.2%
White / Non-Hispanic	51.4%	29.6%	30.4%	18.6%
Black / Non-Hispanic	17.6%	31.4%	17.3%	22.7%
Asian	9.7%	5.1%	7.4%	3.7%
Others	2.1%	2.6%	1.9%	0.8%

Results

Demographic characteristics-2

Characteristics	Insured		Uninsured	
	Private n= 9,428	Public n= 2,371	RPIE n=2,172	EME n=2,894
Education, College or Higher (more than 12 years)	67.0%	29.1%	40.5%	26.5%
Married	68.4%	33.9%	53.6%	42.2%
Not married	31.6%	66.1%	46.4%	57.8%
Employed	85.1%	28.6%	73.5%	52.0%
Unemployed	14.9%	71.4%	26.5%	48.0%
Family Income				
Low income (< 200% FPL)	17.5%	82.0%	33.8%	100%
Middle income (≥ 200 to < 400% FPL)	34.5%	14.2%	47.9%	.
High income (≥ 400% FPL)	48.0%	3.8%	18.3%	.

Results

Demographic characteristics-3

Characteristics	Insured		Uninsured	
	Private n= 9,428	Public n= 2,371	RPIE n=2,172	EME n=2,894
Family Size				
< 3	41.1%	42.6%	38.7%	31.4%
3 to 4	42.4%	36.0%	37.8%	33.9%
5 to 7	15.8%	19.4%	21.2%	30.7%
> 7	0.7%	2.0%	2.3%	4.0%
Region				
Northeast	16%	26.7%	12.6%	10.9%
Midwest	21.2%	17.0%	14.3%	12.4%
South	35.6%	31.2%	42.0%	49.8%
West	27.3%	25.2%	31.1%	26.9%

Note. * $p < .05$, ** $p < .01$, *** $p < .001$, based on χ^2 analysis; Data from Medical Expenditure Panel Survey (MEPS) 2012; Numbers are unweighted and percentages do not always equal 100 due to rounding or missing data;

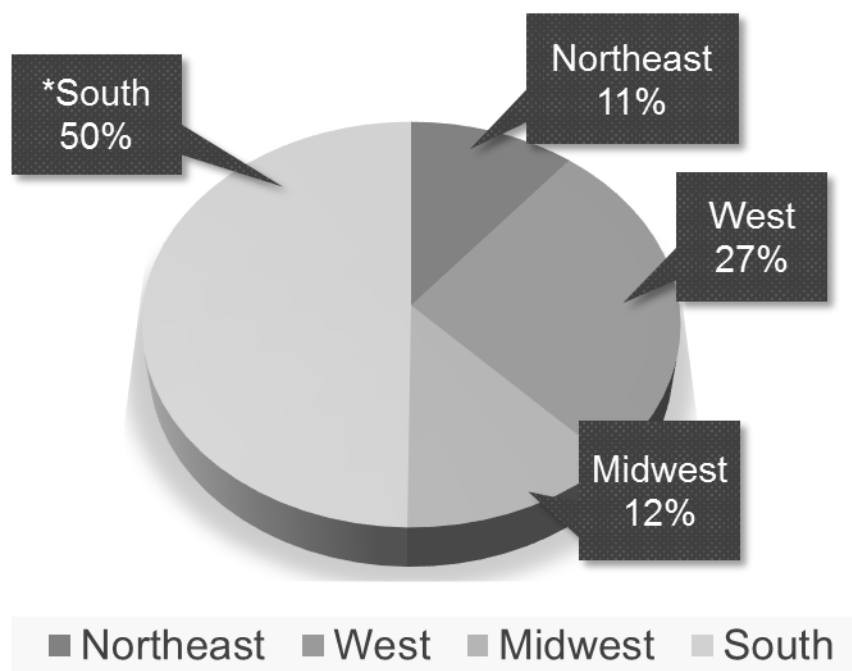
RPIE= the Uninsured Who Will Likely Be Required to Purchase Health Insurance through the Exchanges under the ACA Enactment; EME= the Uninsured Who Will Likely Be Eligible for Medicaid Expansion; FPL= Federal Poverty Level in 2012

^a Tests for differences between insurance groups based on the analysis of variance (ANOVA).

Results

Risk groups

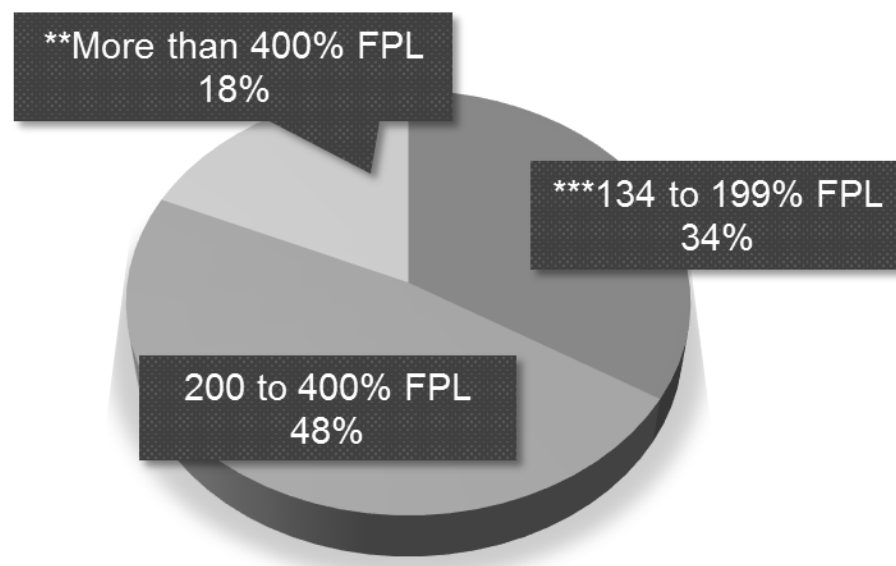
Fig 1. Eligibility for Medicaid Expansion by region



***Risk group 1:**

Most of Southern States did not expand Medicaid

Fig 2. Required to Purchase Insurance by Family Income Level



****Risk group 2:**

Not eligible for subsidies

*****Risk group 3:**

Less likely to afford health coverage

Findings

- Of those who were uninsured, **57.1%** were likely to be eligible for Medicaid Expansion (EME; accounting for 17.2% of the total sample)
- US adults who were uninsured with EME were **younger**, and more likely to be **Hispanic**, low income, and to live in **the Southern U.S.**
- US adults who were uninsured with RIPE were more likely than the publicly insured and EME to be **educated** and **employed**.
- The percentage of individuals with the middle family income in the RPIE was almost **48%**.

(the highest proportion of middle income family compared with the other groups).

Conclusion

- The Affordable Care Act is well-targeted and likely to have a sizable impact on uninsured US adults.
- We could estimate that **77.7%** of those who were uninsured would be likely to have significant subsidies and would be more likely to be covered under the full ACA enactment.

Implications

- Individuals with low family income and not eligible for Medicaid expansion (14.5% of the uninsured) could be risk for combined out-of-pocket expenses and premium that are relatively high relative to their income.
- Individuals with high family income (7.9% of the uninsured) would be more likely to choose to opt out due to the absence of federal subsidies. However, as penalties increase over time, this may be less likely.
- Since most of the Southern US states do not expand Medicaid coverage, individuals who live in the Southern states and are eligible for Medicaid expansion may remain uninsured with a few options under the ACA.

References

[Selected-1]

- Baker, D., & Sudano, J. (2006). Health Insurance Coverage and the Risk of Decline in Overall Health and Death Among the Near Elderly, 1992-2002. *Medical Care*, 44(3), 277–282.
- Boukus, E., Cassil, A., & O’Malley, A. S. (2009). A snapshot of U.S. physicians: key findings from the 2008 Health Tracking Physician Survey. *Data Bulletin (Center for Studying Health System Change)*, 1–11.
- Bovbjerg, R. R., & Hadley, J. (2007). *Why Health Insurance Is Important. The Urban Insitute* (pp. 3–5).
- Cohen, J. W., Cohen, S. B., & Banthin, J. S. (2009). The Medical Expenditure Panel Survey: a national information resource to support healthcare cost research and inform policy and practice. *Medical Care*, 47(7 Suppl 1), S44–50. doi:10.1097/MLR.0b013e3181a23e3a
- Courtemanche, C. J., & Zapata, D. (2014). Does Universal Coverage Improve Health? The Massachusetts Experience. *Journal of Policy Analysis and Management*, 33(1), 36–69. doi:10.1002/pam.21737
- Cunningham, P. (2011). State variation in primary care physician supply: implications for health reform Medicaid expansions, (19). Franks, P., Clancy, C. M., Gold, M. R., & Nutting, P. a. (1993). Health insurance and subjective health status: data from the 1987 National Medical Expenditure survey. *American Journal of Public Health*, 83(9), 1295–9.
- Haislmaier, E., & Blase, B. (2010). Obamacare: Impact on States. *Backgrounder*, 4999(2433), 1–19. Haven, CT.

References

[Selected-2]

- Lasser, K. E., Himmelstein, D. U., & Woolhandler, S. (2006). Access to care, health status, and health disparities in the United States and Canada: results of a cross-national population-based survey. *American Journal of Public Health, 96*(7), 1300–7. doi:10.2105/AJPH.2004.059402
- Martin, A. B., Hartman, M., Whittle, L., & Catlin, A. (2014). National health spending in 2012: rate of health spending growth remained low for the fourth consecutive year. *Health Affairs (Project Hope), 33*(1), 67–77. doi:10.1377/hlthaff.2013.1254
- Martinez, M. E., & Cohen, R. A. (2011). Health Insurance Coverage : Early Release of Estimates From the National Health Interview Survey , January – June 2011 (pp. 1–26).
- McWilliams, J. M., Zaslavsky, a. M., Meara, E., & Ayanian, J. Z. (2004). Health Insurance Coverage And Mortality Among The Near-Elderly. *Health Affairs, 23*(4), 223–233. doi:10.1377/hlthaff.23.4.223
- Medicare.gov. (2014). Medicaid Eligibility. Retrieved December 11, 2014, from <http://www.medicare.gov/AffordableCareAct/Provisions/Eligibility.html>
- Nasseh, A. K., Ph, D., Vujicic, M., & Dell, A. O. (2013). Affordable Care Act Expands Dental Benefits for Children But Does Not Address Critical Access to Dental Care Issues. American Dental Association, (April).
- National Association of Community Health Center. (2012). The State of Unmet Need alth for Primary Health Care in America. Bethesda, MD. Retrieved from www.nachc.com/research-data.cfm
- Pylypchuk, Y., & Sarpong, E. M. (2013). Comparison of health care utilization: United States versus Canada. *Health Services Research, 48*(2 Pt 1), 560–81. doi:10.1111/j.1475-6773.2012.01466.x

References

[Selected-3]

- Schoen, C., Collins, S. R., Kriss, J. L., & Doty, M. M. (2008). How many are underinsured? trends among U.S. adults, 2003 and 2007. *Health Affairs*. doi:10.1377/hlthaff.27.4.w298
- Schoen, C., Doty, M. M., Robertson, R. H., & Collins, S. R. (2011). Affordable Care Act reforms could reduce the number of underinsured US adults by 70 percent. *Health Affairs (Project Hope)*, 30(9), 1762–71. doi:10.1377/hlthaff.2011.0335
- Schoen, C., Osborn, R., Squires, D., Doty, M. M., Pierson, R., & Applebaum, S. (2010). How health insurance design affects access to care and costs, by income, in eleven countries. *Health Affairs (Project Hope)*, 29(12), 2323–34. doi:10.1377/hlthaff.2010.0862
- Shi, L. (2000). Type of health insurance and the quality of primary care experience. *American Journal of Public Health*, 90(12), 1848–55.
- Sommers, B., & Kronick, R. (2012). The Affordable Care Act and insurance coverage for young adults. *JAMA*, 307(9), 7–8. Retrieved from <http://jama.jamanetwork.com/article.aspx?articleid=1569178>
- Tsai, J., & Rosenheck, R. (2014). Uninsured Veterans Who Will Need to Obtain Insurance Coverage Under the Patient Protection and Affordable Care Act. *American Journal of Public Health*. Retrieved from <http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301791>
- Tsai, J., Rosenheck, R. a, Culhane, D. P., & Artiga, S. (2013). Medicaid expansion: chronically homeless adults will need targeted enrollment and access to a broad range of services. *Health Affairs (Project Hope)*, 32(9), 1552–9. doi:10.1377/hlthaff.2013.0228
- Weiner, S. (2001). “I can’t afford that!”: Dilemmas in the care of the uninsured and underinsured. *Journal of General Internal Medicine*. doi:10.1046/j.1525-1497.2001.016006412.x

Corresponding Author



- **Young Rock Hong, MPH.**

521 Lancaster Avenue, Begley 420,
Richmond, KY 40475, USA

Tel: +1-859-893-9091

Email: medibizman@gmail.com

Linkedin:

<https://www.linkedin.com/in/medibizman>

***Research interests:**

- Health Service Quality
- Patient's Satisfaction
- Health Reform
- Attitudes of Health Provider
- Medical Tourism
- Health Insurance
- Evaluation of Health Technology
- Assessment of Health Care Costs
- Quantitative Research
- Path Analysis